

Costume Guidelines

BY HES STUDENT COUNCIL

Students will be allowed to wear Halloween costumes on **October 31, 2018**. However, all costumes **must follow these guidelines**.

1. No wrestling-type, gang-influenced or violent-type attire.
2. Masks may not be worn.
3. No violent objects or weapons.
4. No scary costumes or scary makeup, i.e. ghosts, vampires, fake blood or stitches, etc. (Remember: We have young children on campus.)
5. Costume clothing must still be within school dress code guidelines. No short shorts, short skirts, baggy clothes, gang attire, high heels, platform shoes, bare midriffs, etc.
6. No costume should interfere with or distract students from academic learning.

Consequences

-Change out of costume and wear extra clothing brought to school

-If no extra change of clothes, then parents are called to bring school clothes or student must wear clothes from administration

HALLOWEEN TREAT

If giving treats for Halloween, please remember our WellNess Guidelines On nutrition facts label **per serving**

-Calories \geq 200 calories

-Total fat \geq 8 grams

-With exceptions of nuts and seeds

-Saturated fat \geq 2 grams

-Trans fat ZERO

- sodium \geq 200 mg

-sugar \geq 8 grams

-Dietary fiber \geq 2 grams

Also please remember... food containing peanuts are highly discouraged.